



LEWISTON  ME



CITY OF LEWISTON RECREATION

65 Central Avenue, Lewiston, Maine
207-513-3005

2022 Summer and Fall PROGRAMS





CITY OF LEWISTON RECREATION

Lewiston Recreation Department

Lewiston Armory, 65 Central Avenue Lewiston,
Maine 04240

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Meet Our Team!

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Department Policies and Procedures

Program and Facility Registration: Program registrations take place on our website, lewistonrecreation.gov. If you are new to Lewiston Recreation, please create an account. From here, all program and facility reservations can be completed, including payment. Please make sure your contact information, including email and phone number, are accurate. Call our main office at 207-513-3005 for assistance.

Program Payments: Program fees are due upon registration. Payments can be made on the website, through the mail, over the phone, or in person. All credit card payments are subject to a 2.5% fee.

Non-Resident Fee: Program participants who do not live in Lewiston will be subject to a Non-Resident Fee. This will range from \$1-\$50 depending on the program.

Program Cancellation: If Lewiston Recreation cancels a program due to low enrollment, registrants will receive a 100% refund.

Refunds: If the registrant withdraws from a program, a \$10.00 administrative fee will be charged, and the registrant will receive the remainder for their refund. Refunds will be made in check form, and will take 2-3 weeks to process. The registrant may choose to keep their cancellation as an account credit that can be used towards future programs.

Weather Cancellations: If the weather impacts travel to/from a program, or holding a program will be unsafe for the participants or damage a field, the decision will be made to cancel. Cancellations will be made 2-3 hours before the start of the program. Lewiston Recreation will post the cancellation on our Facebook page, and will also email registered participants. We will do our best to reschedule cancelled programs.

City of Lewiston's Equity Statement

The City of Lewiston is committed to equity. Through intentional, continuous reflection and action, the City and our community systems - including education, employment, health care, housing, law enforcement, businesses and beyond - are dedicated to addressing and dismantling systems of inequity while working together to build resilient and accessible communities where people of all cultures and identities can thrive. We acknowledge that without an intentional focus on equity, we will continue to perpetuate and deepen inequality, injustice and harm.

The City of Lewiston recognizes that those struggling with the impacts of systemic and persistent forms of discrimination, poverty, and lack of opportunity continue to be stigmatized, marginalized and excluded from accessing institutions and quality services needed that promote health, safety and well-being. Equity in the City of Lewiston requires a steadfast commitment to one another. The cornerstone of safeguarding equal opportunity is the ability to access resources, municipal services and educational programs regardless of identity, wealth or social standing. Equity is fair and inclusive for all members of our community, ensuring that equal opportunity exists and voices are heard and valued from those traditionally underrepresented. Here the City endeavors to create an environment where everyone is treated fairly, respectfully, and embraced, regardless of their race, ethnicity, religion, national origin, gender identity, marital or familial status, immigration status, sexual orientation, age, economic status, disability, or other individual identities expressed and experienced.

The City of Lewiston has a pivotal role in achieving these goals and creating a sense of welcoming and belonging for everyone. We work together to create an equitable environment for all.

Lewiston Senior Citizens



Lewiston Senior Citizens is operated by a board of directors, elected annually. LSC oversees a variety of socialization opportunities for Lewiston's 50+ community, ranging from card games and BINGO, to trips. An annual \$10 membership fee includes access to all games, lunches, and trips. (Member needs to pay applicable fees for each program)

To learn more about the getting involved, please contact Lakota Phytic, Senior Citizen Program Coordinator, at 207-513-3059.

Weekly Drop-In Programs

BINGO: 2nd and 4th Wed of the month Doors open at 9:00 AM/Games start at 12:00 PM

Bridge: Tuesdays Doors open at 8:00 AM/Games start at 9:00 AM

Mahjong: Wednesdays Doors open at 9:00 AM, Games start at 10:00 AM

Cribbage: Thursdays Doors open at 8:00 AM/Games start at 9:00 AM

Pitch: Fridays Doors open at 12:00 PM/Games start at 1:00 PM

Pinochle: Thursdays Doors open at 12:00 PM/Games start at 1:00 PM

Upcoming Events

Membership Meeting and Luncheon

Date/Time: June 7, Luncheon starts at 12:15, meeting starts at 1pm

Cost: \$5.00 per meal for members

Join us for socialization and an Italian sandwich lunch.

Senior Fun Day!

Date: August 5– Time is TBD

Cost: \$6 per person for lunch

Join us for a barbeque lunch, bingo, corn hole tournament, ring toss and more!

Seniors' Card Party

Date: Friday, September 23

Times: 6:00-8:00pm, doors open at 5:30

Cost: \$5 Paid in advance/\$6 at the door



Senior Sponsored Trips

Reserve your spot early! Call Lakota Phytic, Senior Citizen Program Coordinator at 513-3059 to learn more about the below opportunities!

Scenic Train Ride and Turkey Dinner

Date: Wednesday, September 21

Times: Depart Lewiston Park and Ride at 10:15 AM. Return Time is around 6:30 PM.

Cost: \$85, includes bus ride, train ticket, and meal.

All Aboard the Winnepesaukee Railroad! Enjoy a scenic 2 hour train ride, complete with a Hart's Turkey Farm turkey dinner, and all the finxin's!

Ogunquit Playhouse Trip: "Clue"

Date: Sunday, October 16

Times: Depart Lewiston Park and Ride at 12:15 PM. Return Time is around 6:30 PM.

Cost: \$90, Includes transportation and theater ticket.

Enjoy this fast paced hilarious whodunit based on the game "Clue" in beautiful Ogunquit. After the show we will stop at Cracker barrel in South Portland for dinner.

White Mountain Hotel and Resort: December 4 - 5

Trip includes 1 night lodging and 3 meals, including the Grand Sunday Brunch, 2 different entertainment shows, Austrian Sleigh ride through Jackson Village, Chocolate Tour, shopping and much more A \$100 deposit pp is due when signing up.

Price: \$369 pp double occupancy includes bus driver's tip.



Adult Pickleball

Outdoor Season

Mid May-Mid October

Days: TBD— Call Rec at 513-3005

Location: Anita Murphy Tennis Courts

Cost: FREE

Indoor Season

Mid October-Mid May

Days: M/W/F from 9:00 AM—12:00 PM

Location: Lewiston Armory

Cost: R \$2/NR \$3

Join one of the fastest growing sports in the country! Pickleball helps with agility, balance, and hand-eye coordination. It is a great overall sport for health and exercise! What to bring: water bottle, sneakers, clothes you can move in, and a paddle. (Lewiston Recreation has spare paddles for borrowing)

Indoor Walking at the Armory

Days: Tuesdays and Thursdays starting 10/3

Times: 8:00 AM - 9:00 AM

Location: Lewiston Memorial Armory

Cost: FREE

Be our guest! Lace up your sneakers and come take a stroll around the Lewiston Armory twice per week. As the fall and winter don't always have favorable walking weather, we want to offer a safe, sturdy place for seniors to put in some sneaker miles.

Walking will help strengthen your bones, work on your balance, and may help prevent certain health risks!

The Lewiston Armory Gym will be open twice per week for open walking. If you have questions, please call our main office at 207-513-3005.

Adult Volleyball Leagues

Rules for each league can be found at www.lewistonrecreation.com under the volleyball program.

Please contact Tim Duchette, Recreation Building Aide, at tduchette@lewistonmaine.gov

if you have questions, or are looking for a team.

Wednesday Night Volleyball CO-ED B

League and C Leagues

Date: Wednesdays, 9/28 - 1/4

Games start at 7:00 PM

Cost: \$350 Per Team

Location: Lewiston Armory Gym

These two leagues are separate, both are played on a men's height net. B League is for veterans of the sport, and C League is for beginners.



Reverse CO-ED Volleyball

Date: Mondays, 10/17 - 1/16

Games start at 7:00 PM

Cost: \$300 Per Team

Location: Lewiston Armory Gym

Monday Night League uses Reverse Co-Ed rules, played on a women's height net. This is geared towards veterans of the sport, and is compared to a C level tournament based on MSVBA ratings.

Adult Open Gym

Date: Mondays, 8/1 - 8/29

Time: 6:00 PM - 8:00 PM **Cost:** R \$2/ NR \$3

Location: Lewiston Armory Gym

Come shoot around with your friends, and meet new people to play against! The Armory will provide basketballs for you to come get some exercise and shoot around. Depending on how many people come, a 3v3 or 5v5 game may start. Games will be informal, with respectful play amongst all players.

Family Open Gym

Date: Thursdays, 8/4 - 8/25

Who: Families who want to play basketball at the Armory!

Time: 6:00 PM - 8:00 PM **Cost:** FREE

Location: Lewiston Armory Gym

The Lewiston Armory Gym will be open torun around and shoot hoops with your family. Pre-registration is required for each date. Children 15 and under need a parent/guardian with them. We ask that there be a maximum of 4 children per adult registering.

Camp Smiles Summer Camp



Join Lewiston's Recreation Day Camp!

We have 8 weeks of games, field trips, entertainment, and special programs to give your child an exciting 2022 summer camp season!

**Register your child for a fun, safe, social,
and active summer camp experience!**

All summer camps are held at the Lewiston Armory for 8 weeks, June 27-August 12. Hours are 7:30 AM - 5:30 PM, Monday-Friday (No camp on July 4th). Campers will receive a Camp Smiles T-Shirt, and will have access to the Free Summer Food Service Program. Camp cost includes all field trips.

SOMMER DAY CAMP for Grades K-5!

Camp Smiles Summer Day Camp will keep your child on the go all summer! Campers are off campus two-three days a week, and will be exposed to swimming, hiking, and some of Maine's favorite parks. Camp fees include: all field trips, transportation costs, special activities and events. On camp days we do a variety of crafts, games, group activities, and special events!

TEEN CAMP for Grades 6-8!

TEEN CAMP is NEW to Camp Smiles! Teen Camp will be on the move every week, with emphasis on outdoor trips and experiences! Leadership, community, and exposure to new leisure activities will be weaved in every week's schedule. This camp will be off campus two-three days per week. Camp days will include team building activities, crafts, group activities, and special activities.

Registration Information and Prices

Registration takes place on our website at www.lewistonrecreation.com.

Grades K-8 R: \$950 NR: \$1050

Pick-a-Week R: \$150 NR: \$175



Youth Theatre Summer Camps



Days and Times: Monday - Friday, 9:00 AM—3:00 PM

Ages: 8-14 (By June 1) **Cost:** R \$175.00/NR \$185

Location: Lewiston Middle School

Musical Theatre Camp: 7/11 - 7/15

Musical Theatre Camp: 7/25 - 7/29

Calling all singers and dancers! Musical Theatre Camp, led by professional theatre artists from The Public Theatre, is designed for young performers who love to sing and dance! Explore musical theatre in a fun, creative and engaging way while you study voice, acting and learn choreography from your favorite musicals.

Theatre Camp: 7/18 - 7/22

Led by professional theatre artists from The Public Theatre, this camp is designed for young performers. Through a series of fun, creative, and engaging theatre games, you'll expand your imagination, explore theater and build self-confidence, as you learn new skills to help

Volleyball Camp

Dates: 6/27- 6/30

Time: 9:00 AM—1:00 PM **Grades:** 5-12

Cost: R \$100/NR \$115

Head Coach: Kyle Chapman,
CMCC & Maine Juniors Coach

Location: Connors Elementary School Gym

BUMP, SET, SPIKE! The Lewiston Volleyball scene is growing; get your child in on the excitement! Join Coach Kyle and his coaching team for a week of volleyball! This is four day camp will split players up by grade and skill, focusing on essential skills such as serving, passing, setting, and hitting. This program is open to all skill levels! See you on the court!

Field Hockey Camp

Dates: 6/20- 6/23 **Time:** 9:00 AM—11:00 AM

Grades: 5-12 **Cost:** R \$60/NR \$70

Coaches: LHS Varsity Coach Jenessa Talarico and LHS
JV Coach Heidi Audet

Location: LHS, Joe Deschenes Field

Join the LHS Field Hockey Coaches for a week of summer field hockey! Varsity LHS Coach Jenessa & JV LHS Coach Heidi will run activities and skills that will focus on passing, shooting, goaltending (if interested), game-play, and more. All participants will receive a shirt on the first day of the camp that they will keep.

Equipment Needed: Field Hockey stick, eyewear goggles, shin guards, mouth guard, water bottle, cleats/running shoes. Please contact Lewiston Recreation at recdept@lewistonmaine.gov if you need equipment.

Lacrosse Summer Clinics

Girls Lacrosse Clinic

Days: Tue/Wed, 6/21, 6/22, 6/28, 6/29

Time: 5:00 PM - 7:00 PM

Grades: 4 - 8 **Cost:** R \$60/NR \$70

Coaches: LHS Girls Varsity Coach, Tracy Blaisdell

Location: Lewiston Middle School

CO-ED Lacrosse Goalie Clinic

Days: Mon, 6/20 and 6/27 **Time:** 5:00 PM - 7:00 PM

Grades: 4 - 8 **Cost:** R \$50/NR \$60

Coaches: LHS Girls Varsity Coach, Tracy Blaisdell

Location: Lewiston Middle School

Get in the game this June! Clinics are open to new and experienced players! Connect with local coaches and meet local lacrosse athletes looking to elevate their game!

Goalies are encouraged to attend the Girls Lacrosse Clinic nights (6/21, 6/22, 6/28, 6/29) to implement skills learned at the goalie clinics.

Mad Science Robot Camp: Robot Recruit!

Dates: July 11-15, M-F **Time:** 9:00 AM—3:00 PM **Cost:** R \$310/NR \$320 (Includes \$25 robot!)

Location: Lewiston Armory, 65 Central Avenue **Grades:** Rising 1-6

Robots, gears and circuits! Campers will experiment with robotic pets, industrial robots, the worlds smallest bot, and more! Future robotists will use programming stations to test and build robots, and will learn about advanced robot applications! Every camper gets their own robot to take home!



Youth Sports

Summer Track and Field

Date: Runs June 13 – August 8

Cost: R \$45/ NR \$55

Location: Lewiston High School Track

Two Programs to choose from:

Grades 1-4 **OR** Grades 5-8

The Summer Track and Field participants are offered training and implementation in the fundamentals of Track and Field. Events your child can choose from, depending on age, are hurdles, pole vault, the long, triple and high jumps, shot-put, discus, race walk and all running and relay races. Participants are encouraged to try any event they find interesting. They can test their new found skills in competition with other teams such as Auburn, Brunswick, Topsham & Poland at weekly Track & Field meets, which are normally on Thursdays.

Participants who want to compete at the state track meet must register for a **USATF Membership**. This fee is not included in the program registration price.

(\$24.60 to be paid directly to USATF)

Summer Tennis Program

Dates: Weeks of 7/11-8/15

Cost: R \$80/NR \$85

Divisions and Times

PK-Grade 3: Mon/Wed 8:00 AM - 9:00 AM

PK-Grade 3: Tue/Thu 8:00 AM - 9:00 AM

Grade 4-6: Mon/Wed 9:00 AM - 10:00 AM

Grade 4-6: Tue/Thu 9:00 AM - 10:00 AM

Grade 7-12: Mon/Wed 10:00 AM - 11:00 AM

Grade 7-12: Tue/Thu 10:00 AM - 11:00 AM

Instructor: Varsity Coach Lorraine Bowen

Join us this summer for 6 weeks of tennis fun! This program is open to boys and girls grades Pre-K through High School. All levels are welcome to come improve their skills and knowledge of the sport. Sign up for 2 days/week, or 4!

Youth Cross Country Program

Join the Randall Road Running Club!

Dates/Times: Practices are Wednesdays, 8/31-10/5 from 5:00 PM—6:00 PM.

Meet days and times will be available in August!

Grades: 1-6

We are excited to offer a NEW Fall Program, YOUTH CROSS COUNTRY! This program is open to children entering grade 1-6 in the fall. The program will have a mix of running games and running challenges, preparing these young athletes for their meets against other recreation departments. Runners will learn how to increase their endurance, run faster, and the ins and outs of a cross country meet.

Practice will be on Wednesdays starting August 31st at our Randall Road Softball Complex. We will be scheduling meets with other communities, and will have a schedule towards the end of the summer. Meets will be on Saturdays or Sundays. All participants will receive a Randall Road Running Club T-Shirt!

Fall Tennis Program

Dates: Weeks of 9/12-10/17

Cost: R \$80/NR \$85

Divisions and Times

PK-Grade 3: Mon/Wed 3:30 PM –4:30 PM

Grade 4-6: Tue/Thu 3:45 PM - 4:45 PM

Grade 7-12: Tue/Thu 2:30 PM—3:30 PM

Location: Anita Murphy Tennis Courts

Instructors: Coach Lorraine Bowen and Coach Anita Murphy

Get on the tennis court this fall to improve your skills and knowledge of tennis! This 6 week all-levels program will be perfect in the fresh fall air. Please come prepared for the program by wearing comfortable clothes and sneakers. Please also bring a water bottle and racket. If you need a racket, email Alyssa Clark at aclark@lewistonmaine.gov.

Junior Roller-Skate School

Cost: \$30 **Dates/Times:** Thur, 9/15 – 10/13 from 6:00 PM—7:00 PM **Ages:** 5 – 16 **Location:** Lewiston Armory

Come learn to skate in a safe and supportive environment with members of AFA Roller Derby in our 6 week program. Participants will be divided into 2 groups depending on skill level, though no experience is necessary. Group 1 will include skills for new skaters like moving forward, balance, falling and getting up safely, beginning stops and stepping side to side. Group 2 will teach more advanced or honed skills for those already with skating experience including all skills in group 1 as well as additional stops, intro to skating backwards, intro to crossovers and basic footwork skills.

Mini-Kickers Pre-K Soccer

Cost: R \$50/ NR \$60 **Dates:** Saturdays, 9/10-10/15
Times: 8:00 AM - 8:45 AM **Location:** Montello School
Mini-Kickers Soccer Program will be following a SMART START program, which will introduce your little athlete to soccer in a fun-non threatening way! Parent Participation is required- please be prepared to be on the field! Emphasis will be on having fun and being a part of a team. All children will receive a Lewiston Recreation Soccer Shirt.

Little Kickers Kindergarten Soccer

Cost: R \$50/NR \$60 **Dates:** Saturdays, 9/10-10/15
Times: 9:00 AM—9:45 AM **Location:** Montello School
Sign your kindergartener up for six mornings of soccer! Your child will learn introductory soccer skills, good sportsmanship, and about being part of a team. All children will receive a Lewiston Recreation Soccer Shirt and a soccer ball!

Grades 1/2 Co-ed Soccer

Cost: R \$60/ NR \$70 **Starting Date:** Week of 8/30
Times/Locations:

Practices (Randall Road), 5:00 PM - 6:00 PM
Games (Montello), 10:00 AM—11:00 AM

Lewiston Recreation 1st and 2nd Grade Soccer Divisions will teach players the FUNdamentals of soccer! Teams will practice on Tuesdays starting 8/30, and play games on Saturdays starting 9/10. All children will receive a Lewiston Recreation Soccer Shirt and a soccer ball!

Join our coaching Team!

Youth Sports Volunteers are the heart of our program. Join our coaching team to help us foster a positive and supportive environment for our young athletes. Contact Alyssa Clark, Recreation Coordinator at aclark@lewistonmaine.gov to learn about coaching opportunities, and our coaching discount!

Intro to Field Hockey

Cost: R \$45/ NR \$55 **Dates:** Starts the week of 9/12
Grades: K-2 **Location:** TBD

Looking to try a new sport? Come learn how to play Field Hockey! This six week clinic style format is open to all skill levels and will teach or develop your child’s ability to shoot, pass, and defend. This program will offer excitement, action and the necessary skills needed to play the popular sport of field hockey. Players should expect 1-2 practices per week.

Grades 3-6 Rec. League Travel Soccer

Location: Montello School
Dates/Times: Practices start the week of 8/29. Game schedule will be available in late August.

Girls Grade 3-4 Soccer: R \$60/ NR \$70
Boys Grade 3-4 Soccer: R \$60/ NR \$70
Girls Grade 5-6 Soccer: R \$65/ NR \$75
Boys Grade 5-6 Soccer: R \$65/ NR \$75

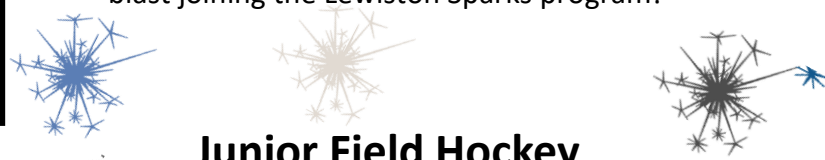
Sign your child up for our Rec Fall Soccer Program! There will be one practice per week, and one game on Saturday. Teams will play against neighboring recreation departments who share our same youth sports philosophy. Families should expect to travel to games outside of Lewiston. Program cost includes Lewiston Recreation soccer t-shirt and a soccer ball!



Lewiston Sparks Competition Cheering

Grades: K-4 (Must be 5 by 10/15/22)
Location: Lewiston Armory – Drill Room
Dates/Times: Tue/Thu/Sun from September-March. Practice Times and Competition Information will be available as the season approaches.
Cost: R \$150/ NR \$165 **Additional Fees:** Uniform and shoes are yours to keep at the end of the season. Cost is approximately \$150.

Competition Cheering is back for 2022! Join us this fall to learn and elevate your tumbling and stunting skills, while also learning a routine to be showcased at cheering competitions around Maine! Your child will have a blast joining the Lewiston Sparks program!



Junior Field Hockey

Cost: R \$65/ NR \$75 **Starting Date:** Week of 9/5
Grades: 3-6 **Location:** TBD

Are you ready for the next level? The Junior Field Hockey program is the next step in learning and developing their knowledge of the game. They will be taught stick skills, positions, dodges, passing, the more advanced rules, teamwork and sportsmanship. With this program, they will consist of having scrimmages/games with other Recreation Departments in the area!

Youth Enrichment Programs

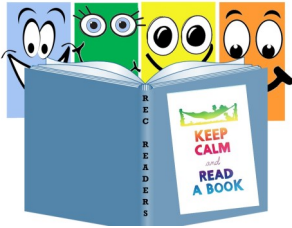
Rec Readers Book Club

Cost: \$10 R/\$12 NR Per Month

Grades: 4-6 Location: Lewiston Armory Conference Room

Instructor: Cheryl Morin

Book Night Dates: Check Website FMI!



Rec Readers is a group of "tweens" who love to read, and discuss literature with their peers! Readers will get to discuss the upcoming book list. This group fosters respect of all opinions and ideas. Rec Readers promotes critical thinking skills, predictive reasoning and expanded vocabulary. The \$10 fee covers the cost of the book and book club activities.

Books will be ordered and participants will be notified when they arrive. We will have one month to read the books before our discussion.

Cooking Matters for Families



Location: Lewiston Armory Senior Citizen Room

Dates: Wednesdays, 6/29-8/10 (No class on 7/13)

Time: 3:00 PM—4:30 PM Cost: FREE!

Cooking Matters for Families is a 6-session course for family units of adults and children grades 1st -5th to learn together. This series is designed to encourage families to work together in the kitchen, cook healthy meals, discuss manners, try new foods, and more! A great class for the whole family - bring your grandchild or sibling! This hands-on course meets once each week, for 6 weeks. Food is cooked together during class for all to enjoy!



Lewiston Recreation Safe Sitter Course

Date: November 5th

Cost: \$40 R/ \$50 NR Grades: 6-8

Time: 9:00 AM - 2:30 PM

Location: Lewiston Memorial Armory, 65 Central Avenue

Course Instructors: Alyssa Clark and Cheryl Morin

Develop your core safety, first aid, and childcare skills by joining Lewiston Recreation's Safe Sitter Class! This class will teach the aspiring babysitter core information that will prepare them for the responsibility of babysitting. This is a full day class! Please bring a water bottle, lunch, and a snack to this course.

Course Content will include:

Safety Skills: Indoor safety, outdoor safety, online safety, and personal safety.

Child Care Skills: Child development, child care routines (including diapering practice), and behavior management.

First Aid & Rescue Skills: Injury prevention, injury management, and choking rescue. CPR is an optional component.

Life & Business Skills: Screening jobs, setting fees, and greeting employers.

About Safe Sitter®

For more than 40 years, Safe Sitter® has been a leader in providing life skills, safety skills, and child care training for youth. Now a national nonprofit organization with over 900 Registered Providers in all 50 states, Safe Sitter® continues to help build safer communities by providing youth with the skills they need to be safe while home alone, watching younger siblings, or babysitting.

The mission of Safe Sitter® is to provide life skills, safety skills, and child care training to all youth in order to build safer communities.

All-In Mentoring

Experience-Grow-Thrive

Lewiston Recreation is proud to launch AIM: All-In Mentoring. AIM connects Lewiston at-risk youth with positive community mentors, while also exposing them to new experiences and supporting healthy interests.



A Lewiston Recreation Department Program

Why join AIM?

Mentees AND mentors get to participate in: Monthly group events, open program time at the Armory, special trips and programs!

AIM experiences are youth driven! AIM staff and mentors support the student’s interest and help them navigate personal goal setting!

Matches meet 1-2 hours per week over the course of one year.

All mentors are background checked, screened, and trained by the City of Lewiston.

BECOME A MENTEE!

AIM is seeking applications from Lewiston teens, ages 8-16, who are looking to connect with a positive role model, be a part of a community, and meet new people. AIM’s goals for participants are community connectivity, exposure to new recreation and leisure opportunities, and to provide a safe, welcoming place that supports healthy life choices. Mentees will spend 1-2 hours per week with their mentor and at group programming opportunities.

Get involved!

BECOME A MENTOR!

If you’re a great role model, and are looking to make a difference in the life of a Lewiston youth, then AIM is a great place to donate 1-2 hours per week! Mentors will support and guide mentees in personal goals, and also participate in special group events and programs! All mentors are trained, fingerprinted, and background checked before matching begins, and should plan on completing one year as an AIM Mentor.

Ready to Apply?

Are you ready to mentor a Lewiston youth, or make a connection with a positive Lewiston role model?

Visit lewistonrecreation.com and print either the Mentee or Mentor application, and return it to the Lewiston Recreation Department!

Call us at 207-513-3005 with any questions!

“Lewiston Recreation Department is starting a youth mentoring program that will prevent, reduce and address opioid misuse among youth in the City of Lewiston through evidence-based mentoring practices in local parks and recreation agencies. This program is supported by the National Recreation and Park Association with funding through the Mentoring Opportunities for Youth Initiative within the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Program, U.S. Department of Justice.”



AIM Contact: Nicole Welch, CPRP, City of Lewiston Recreation Director
Email: nwelch@lewistonmaine.gov Phone: 207-513-3005



Special Events



HALLOWEEN
AT THE LEWISTON ARMORY!
Hosted by the Lewiston Recreation Department

SAVE THE DATE! OCT 21 | 5:00 PM TO 7:00 PM

Family-friendly haunted house! Games! Prizes!
Costumes Encouraged!

Follow us on Facebook for updates about seasonal offerings!

LEWISTON MAINE
CITY OF LEWISTON RECREATION



Lewiston Recreation
Fall Artisan and Craft Fair
Saturday, November 12th from 10:00 am - 3:00 pm
Lewiston Armory, 65 Central Avenue

50+ Vendor Tables!

To reserve your table, head to www.lewistonrecreation.com OR call us at 513-3005.

See you at the Armory!

LEWISTON MAINE
CITY OF LEWISTON RECREATION



CITYWIDE LITTER PICK UP DAY
Keeping Lewiston Clean & Beautiful

3RD SATURDAY IN
APRIL & OCTOBER

Lewiston Recreation SWAP SHOP

Do you have lightly used sporting equipment that is looking for a new home?

We are looking for LAX sticks, cleats, softball/baseball gloves, shin guards, helmets, AND MORE!

Give us a call at 513-3005, or drop it off at the Lewiston Armory during normal business hours!

Items in the swap shop are always FREE to a family who needs equipment for the upcoming season.

FMI- Contact Tim Duchette, Recreation Building Aide, at tduchette@lewistonmaine.gov.



The City of Lewiston is excited to welcome the **Lewiston-Auburn Maples**

to the Lewiston Armory!

The L/A Maples is a semi-professional women's basketball team, participating in the Woman's American Basketball Association (WABA). For more information about schedule and tickets, follow them on all social media platforms, and head to www.lamaples.com!

**SEE YOU AT THE HOME OPENER:
JULY 10TH AT THE LEWISTON ARMORY!**