

# Lewiston Senior Citizens

## First Membership Meeting of the Year Welcomes New Board Members and Shares Ideas for Activities

Lewiston Seniors Citizens held our first membership meeting of the year on February 14th. With almost thirty in attendance, members discussed upcoming trips and current available activities.

Members also shared a number of suggestions for activities we would like to see come back or be added into our programs. See Page 6 for a look at some of the additions we are making.

LSC members also voted in the new board for 2022. Thank you to our outgoing board members, Anita Maheux and Sandy Bruno, and welcome to our new and returning board members!



Members look on as new president, Arthur Strout, and outgoing president, Anita Maheux, address the audience.

### 2022 Board Members

- President: Arthur Strout
- Vice President: Vacant
- Secretary: Claire Bilodeau
- Treasurer: Cindy Boyd
- 3 Year Rep: Pat Hall
- 2 Year Rep: Maggie Chadburn
- 1 Year Rep: Rose Pelletier

### Office Hours

Our office hours are currently limited to a part-time capacity. This schedule may shift as we start to offer more afternoon programming. Office hours will be posted at the entrance. Please feel free to leave a message at (207) 513-3059 or [lphysic@lewistonmaine.gov](mailto:lphysic@lewistonmaine.gov) after hours.

#### March Office Hours

Monday	8:00am-9:30am
Tuesday-Friday	8:00am-12:00pm

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## Lewiston Senior Citizens Event & Programs

### Weekly Schedule

Day	Time	Cost	Activity/Description
Mondays	9:00am- 12:00pm	\$2 Residents/ \$3 Non-Residents	<b>Pickle Ball</b> Check-in at Recreation Office
Tuesdays	9:00am- 12:00pm	N/A	<b>Coffee and Cards</b> Bring a friend. We'll supply the coffee and cards. You choose the game.
Tuesdays	8:00am- 9:00am	N/A	<b>Winter Walking</b> Come take a stroll in the Lewiston Armory!
Wednesdays	9:00am- 12:00pm	\$2 Residents/ \$3 Non-Residents	<b>Pickle Ball</b> Check-in at Recreation Office
Wednesdays	10:00am- 12:00pm	N/A	<b>Mahjong</b> We play both Chinese and American style.
Thursdays	8:00am- 9:00am	N/A	<b>Winter Walking</b> Come take a stroll in the Lewiston Armory!
Thursdays	9:00am- 12:00pm	N/A	<b>Cribbage</b>
Thursdays	1:00pm- 3:00pm	N/A	<b>Pinochle</b>
Fridays	9:00am- 12:00pm	\$2 Residents/ \$3 Non-Residents	<b>Pickle Ball</b> Check-in at Recreation Office
Fridays	12:00pm- 3:00pm	N/A	<b>Pitch</b>

### *April Membership Meeting & Luncheon*

*Monday, April 4*

*KFC Luncheon at noon, meeting starts at 1:00 pm*

*Easter Bonnet Contest*

*Prizes for funniest, prettiest, and most original bonnets.*





Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Winter Walking Coffee & Cards	2 Pickle Ball Mahjong	3 Winter Walking Cribbage Pinochle	4 Pickle Ball Pitch	5
6	7 Pickle Ball	8 Winter Walking Coffee & Cards	9 Pickle Ball Mahjong	10 Winter Walking Cribbage Pinochle	11 Pickle Ball Pitch	12
13	14 Pickle Ball	15 Winter Walking Coffee & Cards	16 Pickle Ball Mahjong	17 Winter Walking Cribbage Pinochle	18 Pickle Ball Pitch	19
20	21 Pickle Ball	22 Winter Walking Coffee & Cards	23 Pickle Ball Mahjong	24 Winter Walking Cribbage Pinochle	25 Pickle Ball Pitch	26
27	28 Pickle Ball	29 Winter Walking Coffee & Cards	30 Pickle Ball Mahjong	31 Winter Walking Cribbage Pinochle		

April 4: Membership Meeting at 1:00pm. Luncheon starts at noon.

# Senior Trips

**Please Note:**

Seating is assigned by the order in which your deposit/payment is received!

## Nashville Show Trip

June 18 – 26, 2022

Trip includes 8 nights lodging and 14 meals, guided tours of Nashville and Belle Meade Historic Site and Winery.

2 great shows:

- 1) The Grand Ole Opry and
- 2) Nashville Nightlife Dinner Theater

Admission to the Country Music Hall of Fame and admission to the Grand Ole Opry behind the Scenes Tour. Trip also includes admission to Madame Tussauds Wax Museum and meet all your favorite stars in the heart of Nashville.



A \$75 deposit pp is due when signing up. Price: \$1025 pp double occupancy includes bus driver's tip.

## Discover Scotland

August 8 – 17, 2022

Trip includes 10 days and 14 meals.

Highlights are Isle of Skye Armadale Castle, Loch Ness, Orkney Islands, Bagpipe lessons, Whiskey Distillery, Dunrobin Castle, Sheepdog demonstrations, St. Andrews, Edinburgh Castle, Scottish cooking experience, and the ROYAL EDINGURGH MILITARY TATTOO.

Call for pricing.

## Mackinac Island Trip

September 10 – 18, 2022

Trip includes 8 nights lodging and 14 meals with a guided tour of Mackinaw City, a visit to Mackinac Island including a guided Carriage Tour, a boat ride through Soo Locks, sightseeing in Sault Sainte Marie, a visit to Mackinaw Crossing, a visit to "Michigan's Little Bavaria" and much more!

A \$75 deposit pp is due when signing up. Price: \$899 pp double occupancy.

## White Mountain Hotel & Resort

December 4 – 5, 2022

Trip includes 1 night lodging and 3 meals, including the Grand Sunday Brunch, 2 different entertainment shows, Austrian Sleigh ride through Jackson Village, Chocolate Tour, shopping and much more. No prices available at this time.

For more Information about any of our senior trips, please contact:

Claire Bilodeau (207) 784-0302, (207) 576-8604, or  
Cindy Boyd (207)345-9569

Make checks out to **Diamond Tours** and mail to:  
**Claire Bilodeau, 27 Gina Street, Lewiston, ME 04240**



# Day Trips

Clambake on Cabbage Island

August 1, 2022

Join us on August 1, 2022 for a Clambake on Cabbage Island on Linekin Bay.

We will enjoy a scenic tour of Boothbay Harbor aboard the Bennie Allen.

Once on the island we will enjoy a Maine Clambake which includes:



New England fish chowder, white steamed clams, sweet corn on the cob, egg, onion, potato, and a choice of 2 lobsters or chicken. Blueberry cake will be served for desert. Coffee and ice tea are included for refreshments. There is also a cash bar on the island. We will leave the Lewiston Park and Ride at 10am and should be back around 6:30pm.

Price: \$120 includes bus, cruise, meal, and tips.

Sign up at Lewiston Senior Citizens' office at 65 Central Ave. in Lewiston.

You will need to select lobster or chicken when you sign up.

\*At this time masks will be required during the bus ride.

## MARCH BIRTHDAYS

Deb Snow

Jan McLellan

Marguerite Pelletier

Sharon Bell

Val Asselin

William Stretton

Connie Pleau

Ronald Girouard

Marta Clements

Cecile Allen

Pauline Beaudoin

Audrey Hemond

Joe Lavoie

Rosemarie Goodwin

Debra Gardner

Beverly Bressier

Eleanor Wigton

Eileen Fales

Liane Therriault

Danielle Fenderson

Roger Pelletier

Anita Stevens

Guy Johnson

Dorina Martin

Donna Fournier

Estelle Chouinard

Gary David

Annette Dubuc

Roberta Greenlaw

Pat Harrington



## Upcoming Events

### April Membership Meeting

Join us for our **Membership Meeting April 4th at 1:00pm.**

While you are here you are welcome to take part in our **Easter Bonnet Contest:**

We will have prizes for funniest, prettiest, and most original bonnets. We hope to see you there!

### Membership Luncheon

KFC Luncheon before the meeting starts at noon. Choose from:

- Pot pie and coleslaw for \$7.75, or
- Two pieces of chicken, mashed potatoes, gravy, and a biscuit for \$8.00



Tickets Available Now in LSC office! You will need to select your meal when you purchase your ticket. Order your meal by March 30th.

## New Activities

### Pinochle

Pinochle has been added to our Thursday afternoon schedule. Games start at 1pm.

### Piano Lessons

Concert pianist, Arthur Strout, will be offering free piano lessons to members on Friday mornings starting Friday, April 15 from 9:00am-11:00am. Each lesson is 15 minutes long and will go over basic piano skills. For more information contact Arthur (207) 312-5000 or see Lakota in the office or call (207) 513-3059 to schedule a lesson.

### Bingo

Mark your calendars. Bingo returns to Lewiston Senior Citizens on May 11. We will offer Bingo on the 2nd and 4th Wednesday of each month. Games start at 1:00.



### Bridge

Bridge is scheduled to return this spring. More information will be available in upcoming newsletters.

### Suggestions Welcome

Would you like to see a new activity offered at Lewiston Senior Citizens? Some ideas we are exploring for the future are: Cornhole, art, meals, and more. Your suggestions are always welcome!

## Thank you for your continued membership!

2022 Membership dues are waived for members that paid in full in 2020. If your name is on the address label for this newsletter, then you are paid in full for 2022 and you do **not** need to pay for your 2022 membership.

If you did not pay your dues in 2020, or are a new member, please send in your payment of \$10 with your completed form.

### Membership Application (New or Renewal)

<input type="checkbox"/>	Yes, I would like to become a <u>NEW</u> member in the Lewiston Senior Citizens.				
<input type="checkbox"/>	Yes, I would like to <u>RENEW</u> membership in the Lewiston Senior Citizens.				
LSC Membership is \$10 annually. Thank you! Please make checks payable to: <u>Lewiston Senior Citizens.</u>					
Name:	<input type="text" value="First"/>	<input type="text" value="MI"/>	<input type="text" value="Last"/>		
Address:	<input type="text"/>				
Address:	<input type="text"/>				
City:	<input type="text"/>	State:	<input type="text"/>	Zip:	<input type="text"/>
Phone:	<input type="text"/>		Birthdate:	<input type="text"/>	
Email:	<input type="text"/>				

Please return membership form in person or mail to:

Lewiston Senior Citizens, Lewiston Armory, 65 Central Ave., Lewiston, ME 04240

**Share the Gift of Friendship** — *Lewiston Senior Citizens gives members a chance to make new friends and catch up with old friends.*

Do you have a friend or acquaintance who might not be a member of Lewiston Senior Citizens and you would like to give them a **Gift Membership**?

Remember this person must be at least age 50 to be eligible. Send in the form above, completely filled out with \$10 and we will sign them up.

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Once you find all the words. Copy the unused letters starting in the top left corner into the blanks to reveal the hidden message. Call the office at (207) 513-3059 before March 18 with the correct answer.

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|----------|----------|
| WEATHER  | WINDY    |
| STORM    | SUNLIGHT |
| RAIN     | SNOW     |
| LAMB     | LION     |
| CLOUDS   | GALOSHES |
| BLUSTERY | BREEZY   |
|          | WARM     |
|          | SPRING   |
|          | MUD      |
|          | ICE      |
|          | BRIGHT   |

Find the following words in the puzzle. Words can go in any direction and share letters as well as cross over each other.

**In Like a Lamb Out Like a Lion**

