

# Lewiston Senior Citizens

65 Central Avenue Lewiston, Me 04240 Tel. # (207) 513-3059 ext. 3710

## October 2022 Newsletter



Welcome to the Lewiston Senior Citizens Newsletter. The newsletter serves to inform our membership of all the activities happening throughout the following months. Our publication is printed 2 weeks before the month starts so sometimes there are extra activities added so make sure you watch the calendars hanging at the center. We can also send you an updated electronic version just email Stephanie Cote, Age-Friendly Program Coordinator at: [scote@lewistonmaine.gov](mailto:scote@lewistonmaine.gov)

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## Fall is here and so is the beginning of more activities!

### NEW PROGRAM! Create with Bonnie

On Monday September 12th, the group created a blanket which was given to a creation team member who participated.

They also had a puzzle contest. Gemma Blier took first place and won a gift certificate. Congrats Gemma!

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### BOARD MEMBERS

- President: Arthur Strout
- Vice President: Chris Leavitt
- Secretary: Claire Bilodeau
- Treasurer: Cindy Boyd
- 3 Year Rep: Pat Hall
- 2 Year Rep: Maggie Chadburn
- 1 Year Rep: Rose Pelletier

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### OFFICE HOURS

Monday - Friday  
9:00am—Noon



### A New Face

You will see a new face in the Lewiston Senior Citizens program. Stephanie Cote is now a full time employee for the Lewiston Recreation Department for the Age Friendly Program. Stephanie is a native to Lewiston and has already bumped into many familiar faces. One of her roles here is to continue to support the LSC program. She will also be responsible for exploring and coordinating additional activities and support services for Lewiston's 50 plus population.



# October Game

M L C E N K T J H R O G B Z S F M N G C  
V B N W C P W G Y U R P K M A A E K L S  
H L O T K K I P T D A I P S M V N L O L  
E Y F S Z Y P O X E I C F K I I R C W B  
Y U J Y K V Q U T Z P Z C B W D P M Y F  
K X Q E B P V U M D M Q A H E Q N W R T  
N D L C I G A M U P R G F Q K J Z L Y B  
X I N G D F M T X Q K I U T R I K R A I  
Z X S O R S M S M L C I F E T O H A J J  
G K U B T W O F H Y Y W N H Z J F Y Q I  
T J M G Z F Z X P Z E Y G S L V T S Z M  
E R E V B D J N W N X I P F Z A W F I N  
V D K O W U A Z R N N Y I B I T R O P H  
T H G I L N O O M M A T K M T S D D L O  
L J H I U Z T A C L C D Y Z H Q H K R S  
V F U L D O W M J Q N K Q H E B Y A O H  
W H E N S Y Q I N H A B G S R S M M I L  
J W J T S J S X B E X V F E E U J E T I  
O M G W Q S T K T H H U F W N T A S N R  
T Z N Z F K F L F T H V A W X J F P W K

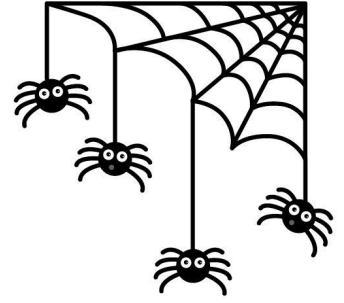
This puzzle is a word search puzzle that has a hidden message in it.

First find all the words in the list.

Words can go in any direction and share letters as well as cross over each other.

Once you find all the words. Copy the unused letters starting in the top left corner into the blanks to reveal the hidden message.

by	glow	in
is	magic	moonlight
night	pumpkins	the
There	when	



**What is the sentence?**

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Call (207) 513-3059 Ext. 3711 with your guess.

### **Announcing our September Game Winners:**

“Autumn seemed to arrive suddenly that year. The morning of the first September was crisp and golden as an apple.”

-J.K. Rowling

Congratulations to Joan Leavitt, Anita Murphy, Larry Blouin, Sandra Bruno, Janie Lavoie, Althea Conant, Carole Hanscombe, Nancy Yocono, Joyce Campbell, Pat Bernard, Monique Theberge, Liane Theriault, Janet Dubois, Bunny Gregoire, Brian Adams, Callie Adams, Nancy Dupliss, Paul and Alma Ouelette, Gary David, Rae Hawk, John Chabot, Anna Constantino, Cynthia Peters, Maggie Chadburn, Claire Bilodeau, Susan Massey and Louise Michaud

Congratulations for solving the September Puzzle!

26 leaves were found in the September newsletter. A free membership goes to : Cecile Bussiere



# October 2022

19Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 12:15 Pizza Party 1:00 Membership Meeting	4 9:00 Bridge	5 10:00 Mahjong	6 9:00 Cribbage 1:00 Pinochle	7 12:00 Pitch	8
9	10	11 9:00 Bridge 9:45 Winery Tour leaves 11:30 Lunch Bunch@ Governor's	12 10:00 Mahjong 12:30 Bingo	13 9:00 Cribbage 1:00 Pinochle	14 Senior Room Reserved until 12:30 1:00 Pitch	15
16 Ogunquit Trip leaves 12:15	17 10-12 Create with Bonnie	18 9:00 Bridge	19 10:00 Mahjong	20 9:00 Cribbage 1:00 Pinochle	21 12:00 Pitch	22
23	24	25 9:00 Bridge	26 10:00 Mahjong 12:30 Bingo	27 9:00 Cribbage 1:00 Pinochle	28 12:00 Pitch	29
30	31					



# Off site and on site Programs



## Current Game Information

**Bridge:** \$5 fee to play. Knowledge level needed: Basic knowledge of the game needed

**Mahjong: (Chinese/American)** No fee. Knowledge level needed: We will teach you!

**Cribbage:** \$15 per year. Voluntary weekly pool is \$1, top 2 players win and \$3 Monthly Pool top 4 players win. Knowledge level needed: We will teach you!

**Pitch:** No fee. Knowledge level needed: We will teach you!

**BINGO:** \$ 6 cards=\$4, 9 cards=\$4.50, 12 cards=\$5, 15 cards=\$5.50

18 cards+\$6-Basic knowledge of the game needed.

**Pinochle:** No fee. Knowledge level needed: We will teach you.

## Upcoming Events

### **September**

**Card Party:** September 23rd 6 pm to 8pm, \$5 doors ,open at 5:30

### **October**

**Pizza Party:** Don't forget to join us for the October Membership pizza party 10/3 5:15 : \$5 for 2 slices, chips, beverage and dessert.

**Crafting:** 10/17 10 to 12:00-Create with Bonnie . Monday October 17th 10-12. We will be creating a pumpkin with a roll of toilet paper. All supplies are provided along with coffee and dessert!

**Lunch Bunch:** Our monthly Lunch Bunch this October 11th is meeting at the Governor's Restaurant in Lewiston at 11:30am. Come meet up with other members to chat and enjoy a bite to eat.

### **November**

**The Green Ladle November 4-**Traditional Turkey dinner with all the fixings (lots of squash). Doors open at 11:30. Price is 19.20 per person includes gratuity. Get syour tickets in the office. Deadline to buy tickets is 10/21

## Fall Programming

As the weather begins to cool, some of our outdoor activities will be moving in door this fall. For instance, pickle ball and walking in the gym on Monday, Wednesday, and Friday mornings.



**2022 Fall Trips:** We want to announce that all our trips for October through December are full!

\*Please be aware that for any of our day trips there may be a \$10 administrative cancellation fee applicable for refunds.

**2023 Senior Trips**

*Virginia Beach, Colonial Williamsburg & Norfolk May 22-27 2023*

Trip includes 5 night lodging and meals, guided tour of colonial Williamsburg, narrated Norfolk Naval Base Harbor cruise, admissions to Nauticus & Battleship Wisconsin, visit to Mariner's Museum and Park admission to Virginia Beach Aquarium & Marina Science Cent and free time on Virginia Beach Boardwalk. A \$75 deposit per person is due when signing up. Price is \$809 per person double occupancy and included bus driver's tip. Make check out to Diamond Tours and mail to : Claire Bilodeau, 27 Gina St, Lewiston ME 04240

*Spotlight on San Antonio, Texas– April 2-6 2023*

Trip Includes 5 days, 4 nights lodging, 3 breakfast and 2 dinners, visit to 2 UNESCO world heritage sites, visit to mission San Jose, visit to Alamo, boat ride along Paseo del Rio known as River Walk National Museum of Pacific War and so much more. Call for pricing

*Reflections of Italy October 9-18 2023*

Trip includes 10 days 9 nights lodging and 12 meals, visit Rome, Vatican Museum, Sistine Chapel, St Peters Basilica, Assis, Perugia, Cortona, Florence, Michelangelo's David, Chianti Winery & Cooking class, Venice, St Marks' Square , boat ride to Murano Island, Milan and much more. Call for pricing.

For more information on any of these trips, please call Claire Bilodeau (207) 784-0302 or Cindy Boyd (207) 345-9569

**?????What Do You Think?????**

Would you be interested in a chance just to socialize at Lunch time on one Monday a month.? Maybe invite a current member that has musical talent to serenade us?

If there are other ideas, activities or games happening for the 50 plus community let us know! Just call Stephanie Cote, Age-Friendly Coordinator, at (207) 513-3059 ext. #3711 or email at : scotelewistonmaine.gov

# October

**Happy Birthday to our October birthday members!**



**Sandi Bishop, Cecile Bussiere,  
Sylvia Latulippe, Anita Maheux, Henry  
Maheux, Therese Maillet, Cheryl Lynn Morin,  
Therese Plourde, Mary Reynolds,  
Wayne Richardson, Lillian Wight**

## Upcoming Community Opportunities

### **Lewiston Voters**

Have you considered working at the polls as an election worker? It is a great way to see old friends and neighbors as well as meet new people.

Work includes checking off names and passing out ballots. Training is provided and this is a paid position. Election day is Tuesday, Nov. 8.

FMI: Contact the Lewiston City Clerk's Office, 513-3124.

### **Hats/Mittens**

If you are interested in knitting hats or mittens the seniors will be making donation to area agencies in need of winter clothing.

### **Thanksgiving Basket**

We will be putting together Thanksgiving baskets. Please consider donating 1 can or nonperishable food items to be entered for a prize. Please be aware of expirations dates on items your are donating.

### **Donation Basket**

If you are a senior and in need additional food items to add to your Thanksgiving table, please let us know. Your name will be kept confidential. Call Stephanie 513-3059 ext. 3711 and she will enter your name into a drawing for a chance to win a food basket.

LEWISTON SENIOR CITIZENS OFFICE  
LEWISTON MEMORIAL ARMORY  
65 CENTRAL AVENUE  
LEWISTON, ME 04240



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